



# Aging ...and the Dining Experience

Exploring the dining experience of frail seniors living in the care of others. Recommended for all personnel involved with mealtimes.

- + Recognize fragility of aging and impact on eating ability
- + Study brain (basic overview)
- + Applying Supportive Therapy to dining experience
- + Providing Red Seal service
- + Elements of a successful dining experience for the client/resident, family and you!

★Recommended Option

Target	Front-Line Staff	Registered Staff	Managers
	● ★	●	●

Schedule	1 Hr *	1½ Hr *	3 Hr *	Full Day	Multi-Day
		● ★	●		

\*can be repeated multiple times throughout the day.

Extras	Handouts	Posters	Certificates	Info Binders
	●	●		

NOTES:



Have you considered eLearning? Check out the [www.fcsinternational.com](http://www.fcsinternational.com) myTrainer InService Program!  
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