



Doing Our Best for Your Mother: Working with Families of the Elderly

Staff & managers caring for older clients may find themselves caught in the midst of a family crisis and required to be a family counsellor.

The Family Response Theory:

- + Existing dynamics
- + Personality make-up and the impact of attitudes
- + Understanding the response

The Stress Mountain:

- + Stress sources
- + Defining the "Plan"
- + Depersonalizing the issues

The Family Centred Approach:

- + Getting to the issues
- + Problem solving enhancement strategies

★Recommended Option

Target	Front-Line Staff	Registered Staff	Managers
	●	●	●

Schedule	1 Hr*	1½ Hr*	3 Hr*	Full Day	Multi-Day
			● ★	●	

*can be repeated multiple times throughout the day.

Extras	Handouts	Posters	Certificates	Info Binders
	●	●		

NOTES:



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