



Who Cares for the Caregiver? Turning On & Firing Up

If you need to be reenergized, to regain the spark that brought you into healthcare... this workshop is a perfect cure for what ails you!

- + Understanding how Nurturers "tick"
- + Recognizing exhaustion, the system & client demands
- + Exploring how professional and personal lives intertwine
- + Dealing with the "bitching" syndrome
- + Defining relationship and how we get hooked
- + Knowing what is needed
- + Taking control - the skills, the choices and the results

★Recommended Option

Target	Front-Line Staff	Registered Staff	Managers
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Schedule	1 Hr*	1½ Hr*	3 Hr*	Full Day	Multi-Day
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*can be repeated multiple times throughout the day.

Extras	Handouts	Posters	Certificates	Info Binders
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NOTES:

This workshop may be provided twice in a training day, allowing a group of staff to attend the morning session and then a second group to attend an afternoon one. It may be adapted to address the issues faced by service providers working in their clients' homes or running community support programs.



Have you considered eLearning? Check out the  InService Program!
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