



# Program Designed Interventions: Supporting Wellness & Ability

The foundation for wellness in seniors is recreating the opportunity to build on ability & strengthen the potential for ability.

- + Defining ability versus disability through team assessment
- + Understanding the motivation of the personhood in a senior as a key to success
- + Creative, relevant social & recreational opportunities for promoting ability
- + Empowering the greater team to support programs

★Recommended Option

Target	Front-Line Staff	Registered Staff	Managers
	●	●	

Schedule	1 Hr *	1½ Hr *	3 Hr *	Full Day	Multi-Day
			●	● ★	

\*can be repeated multiple times throughout the day.

Extras	Handouts	Posters	Certificates	Info Binders
	●	●		

NOTES:

This workshop is provided by Patricia Butcher.

