



Healthy Leadership: Defusing Negativity as Coach

Empowering Leadership to maintain optimism, healthy workplace practice & motivate staff to excellence amidst stress & understaffing.

- + Focus on the leadership role
- + Explore how communication impacts leadership and team
- + Understand workplace balance - give permission to say, "no"
- + Recognize the basis and outcome of conflict
- + Remove the staff/manager barriers created by conflict
- + Learn the basis and benefit of a Coaching Model
- + Motivate others to achieve excellence thru empowerment/creative thinking

★Recommended Option

Target	Front-Line Staff	Registered Staff	Managers
		● ★	●

Schedule	1 Hr *	1½ Hr *	3 Hr *	Full Day	Multi-Day
			●	● ★	

*can be repeated multiple times throughout the day.

Extras	Handouts	Posters	Certificates	Info Binders
	●	●		

NOTES:



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